

## Home Symptom Screening

We all need to continue to take precautions to prevent the spread of the COVID-19 virus, as well as all other illnesses. Though children are less susceptible to the disease, and all campers have been vaccinated, they can still become sick and have severe outcomes, as well as carry the disease to other vulnerable people. Based on the best available information from the Center for Disease Control, parents, caregivers, and guardians are strongly encouraged to monitor their children for symptoms of infectious illness through home-based symptom screening.

The symptoms of COVID-19 can vary widely – from mild symptoms to severe illness. Children and adolescents with the virus that causes COVID-19 may experience any, all, or none of these symptoms. These symptoms may appear 2-14 days after exposure to the virus that causes COVID-19.

### **Caregivers: Students who are sick or have been exposed to Covid should not attend camp.**

- Contact Veronica Franyutti [vfranyutti@musnaz.org](mailto:vfranyutti@musnaz.org) or call/text 928-707-0632 or Kristan Hutchison ([khutchison@musnaz.org](mailto:khutchison@musnaz.org) or call/text 360-265-8357 and report that your child is sick.
- Get your child tested for COVID-19.

### **Additionally, please monitor your child for these symptoms. Check symptoms for changes from usual or baseline health:**

- Temperature of 100.4 degrees Fahrenheit or higher
- Sore throat
- Cough (for students with chronic cough due to allergies or asthma, a change in their cough from usual)
- Difficulty breathing (for students with asthma, check for a change from their baseline breathing)
- Diarrhea or vomiting
- New onset of severe headache, especially with a fever

Or has the camper

- been in close contact with someone with COVID-19?
- taken part in activities that puts them at higher risk for COVID-19 because they cannot physically distance as needed, such as participating in contact sports, attending a gathering with other children or family?
- been asked or referred to get COVID-19 testing?
- CDC has a [Coronavirus Self Checker](#)\* available in its website, which may help you make decisions about seeking medical care for possible COVID-19.